WHO WAS DR JOHANNA BUDWIG?

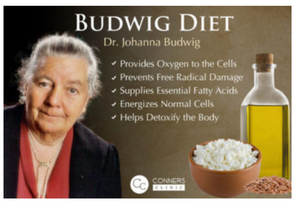
Dr. Johanna Budwig was born in Germany on September 30, 1908. In 1926 she graduated and joined the Deaconess institution of Kaiserswerth and worked as a deaconess. During her work at the institution, she studied in the fields of Botany, chemistry, physics, medicine and biology. She obtained a doctorate in physics and chemistry and pharmacy and controlled the home pharmacy of the Deaconess Institute, from 1939 to 1948.

Later in 1950 under the direction of Prof. Hans-Paul Kaufmann, she worked in fat research and published a work on the differentiation of eatable oils and fats.

She became famous with her research on the Oil-Protein.

In the 1970's she traveled and gave more than 200 lectures worldwide and started her practice of treating cancer patients in city of Dieters weiler. People from all over the world heard about the "flax-seed lady" as the Americans called her and came for her natural treatment.

Our Body is Electric



She's considered one of the world's leading authorities on fats and oils. Her research has shown the tremendous effects that commercially processed fats and oils have in destroying cell membranes and lowering the voltage in the cells of our bodies, which then result in chronic and terminal disease. What we have forgotten is that we are body electric.

The cells of our body fire electrically. They have a nucleus in the center of the cell, which is positively charged, and the cell membrane, which is the outer lining of the cell, is negatively charged. We are all aware of how fats clog up our veins and arteries and are the leading cause of heart attacks, but we never looked beyond the end of our noses to see how these very dangerous fats and oils are affecting the overall health of our minds and bodies at the cellular level.

Dr. Budwig discovered that when unsaturated fats have been chemically treated, their unsaturated qualities are destroyed, and the field of electrons removed. This commercial processing of fats destroys the field of electrons that the cell membranes (60-75 trillion cells) in our bodies must have to fire properly (i.e. function properly).

Commercial Processed Oils Are Dead Oils

The fats' ability to associate with protein and thereby to achieve water solubility in the fluids of the living body is destroyed. As Dr. Budwig put it, "the battery is dead because the electrons in these fats and oils recharge it." When the electrons are destroyed the fats are no longer active and cannot flow into the capillaries and through the fine capillary networks. This is when circulation problems arise. Little wonder that deep fried foods, like French fries, fried chicken, etc., cause tremendous havoc to our health.

Without the proper metabolism of fats in our bodies, every vital function and every organ is affected. This includes the generation of new life and new cells. Our bodies produce over 500 million new cells daily. Dr. Budwig points out that in growing new cells, there is a polarity between the electrically positive nucleus and the electrically negative cell membrane with its high unsaturated fatty acids. During cell division, the cell, and new daughter cell must contain enough electron-rich fatty acids in the cell's surface area to divide off completely from the old cell. When this process is interrupted the body begins to die. In essence, these commercially processed fats and oils are shutting down the electrical field of the cells allowing chronic and terminal diseases to take hold of our bodies.

Flaxseed Oil and Cottage Cheese (Quark) restores the "Dead Battery"

She pointed out that this can be reversed by providing the simple foods, cottage cheese, and flax seed oil, which revises the stagnated growth processes. This naturally causes the tumor or tumors present to dissolve and the whole range of symptoms which indicate a "dead battery is cured." Dr. Budwig did not believe in the use of growth-inhibiting treatments such as chemotherapy or radiation. She was quoted as saying "I flat declare that the usual hospital treatments today, in a case of tumorous growth, most certainly leads to worsening of the disease or a speedier death, and in healthy people, quickly causes cancer."

Dr. Budwig discovered that when she combined flaxseed oil, with its powerful healing nature of essential electron rich unsaturated fats, and cottage cheese, which is rich in sulfur protein, the chemical reaction produced makes the oil water soluble and easily absorbed into the cell membrane.

I found testimonials of people from around the world who had been diagnosed with terminal cancer (all types of cancer), sent home to die and were now living healthy, normal lives. Not only had Dr. Budwig been using her protocol for treating cancer in Europe, but she also treated other chronic diseases such as arthritis, heart infarction, irregular heartbe psoriasis, eczema (other skin diseases), immune deficiency syndromes (Multiple Sclerosis and other autoimmune diseases), diabetes, lungs (respiratory conditions), stomach ulcers, liver, prostate, strokes, brain tumors, brain (strengthens activity), arteriosclerosis and other chronic diseases. Dr. Budwig's protocol proved successful where orthodox traditional medicine was failing.

According to her research, she stated, "Cancer patients suffer from a faulty metabolism caused by a malfunction in the lipid defense system. By repairing the lipid defense system, the cancer cannot survive. Of course, common chemo and radiation causes further harm to the lipid defense system — the very system that protects you from cancer! The folks who will READILY ADMIT that they don't understand the cancer mechanism will tell you with their next breath that cancer can be killed with poisons. So, can you. Would you trust your car to a so-called mechanic who didn't understand what makes a car work properly? If not, why would you let someone who doesn't understand cancer "fix" your body? The average cancer docs don't know — they admit it. That doesn't make them bad people, it just makes them unqualified to treat your condition if you have cancer. Don't let unqualified people poison you just because they don't know what else to do". William Kelley Eidem, author "The Doctor Who Cures Cancer (Dr Revici)

"Numerous, independent clinical studies published in major medical journals world wide confirm Dr. Budwig's findings....Over 40 years ago Dr Budwig presented clear and convincing evidence, which has been confirmed by hundreds of other related scientific research papers since, that the essential fatty acids were at the core of the answer to the cancer problem…You will come to your own conclusions as to why this simple effective prevention and therapy has not only been ignored—it has been suppressed!"—Dr Willner, M.D., Ph.D. (The Cancer Solution).

"This diet is far and away the most successful anti-cancer diet in the world".
Dr. Dan C. Roehm M.D. FACP (oncologist & former cardiologist)

"I suggest that all those who find it necessary to add other protocols or to add supplements to it have not even given the Budwig Center Protocol half a chance. They just don't look beyond the flaxoil/cottage cheese part. There is much more to it than that. It is a scientifically well thought out, all-natural approach to health, that has a tremendous rate of success and track record… and it costs next to nothing. I think that if it were very expensive and much money could be made on it, it would be much more popular because it would be pushed by business. But as it stands, it doesn't lend itself to it. So, you have to take it at practically no cost or go for some other high-priced methods." Wilhelm H.

"I only wish that all my patients had a PhD in Biochemistry and Quantum Physics to enable them to see how with such consummate skill this diet was put together. It is a wonder." — Dr. Dan C. Roehm M.D. FACP (oncologist & former cardiologist)

Dr. Budwig died on the 09.06.2003 at the age of 94 years.

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